

Delaware

Presented by



Youth XC Series



This Cross Country Series is a six (6) week schedule of “OPEN” races in three (3) separate age groups. This series will be sponsored and produced by the **City of Dover Parks & Recreation Department** in cooperation with the **Seashore Strider Event Production, Inc.**

COVID19 Guidelines will be enforced for this series. This series is not connected, affiliated or in conjunction with ANY Delaware High School or DIAA Member School.

Awards: Runners will be awarded points for each race (10, 9, 8, 7, 6, 5, 4, 3, 2, 1) and at the end of the Series we will present trophies to the top 5 (five) scorers in each division.

Entry fee is \$5 per race. ONLINE registration prior to race day is mandatory.

Register online at: <https://cityofdover.recdesk.com/Community/Home>

Division	Birth Years	Male Start Time	Girls Start Time	Distance
Bronze Division (8 & Under)	2010 - 2014	5:00 PM	5:15 PM	1.24 m
Silver Division (9 – 12 Years)	2007 – 2009	5:30 PM	5:45 PM	1.86 m
Gold Division (13 – 18 Years)	2002 - 2006	6:00 PM	6:30 PM	3.11 m

Scheduled Dates	Location
Thursday, September 24 th *	Schutte Park, Dover
Thursday, October 1 st *	Sandhill Fields, Georgetown
Thursday, October 8 th	Schutte Park, Dover
Thursday, October 15 th	Sandhill Fields, Georgetown
Thursday, October 22 nd	Schutte Park, Dover
Thursday, October 29 th	Sandhill Fields, Georgetown

*Course tours will be offered for all age groups at 4:30 for the first two meets. They will not be offered for the final four meets.

COVID 19 Protocols

- ***MANDATORY TEMPERATURE CHECK** for all participants at packet pickup
- *Spectators are required to wear facial coverings and adhere to social distancing
- *Races will be started 10 runners at a time, with a one minute gap between each start.
- *Following each age group race, please exit the area before the next age group begins.
- *Results will be posted the following day.