



## 2021 ADULT CO-ED VOLLEYBALL LEAGUE



### COVID-19 Coronavirus PROTOCOLS AND GUIDELINES

#### Arrival

- Face masks must be worn and cover the nose and mouth at all times.
- Do not enter the building until your assigned team check-in time as we have staggered start times for all programming
- All players will check in at the service counter for health screening and COVID-19 waiver before entering the gym
- Only rostered team members may enter the facility
- Immediately go to the court that your game is assigned to be held
- Do not "visit" the other court
- Sanitizing stations will be set-up throughout the facility
- Water is not provided. Bring a personal water bottle if desired
- No drinks, other than water, or food is permitted in the facility

#### Spectators

- No spectators are permitted in the facility

#### Warm-Ups

- There will be a 5-minute warm-up period. Warm-ups should not be directed towards the opponent's court.
- Both teams will be provided 2 warm-up balls

#### Team Benches

- Teams will not switch sides during the match
- Bleachers will be closed and off limits
- Bench personnel must maintain proper social distance from the official

#### Equipment

- Two game balls will be issued to each court
- All game balls will be of like material and color
- No personal or team equipment is permitted inside the facility

#### During Play

- Players will keep socially distanced as much as possible
- No handshakes, fist bumps, hugs or high fives or other exchanges shall take place
- No huddles between points

### **Interval Between Points**

- Every effort will be made to keep the game moving with as much flow as possible.

### **Ball Sanitization**

- All sanitization of the balls will be the responsibility of the designated home team. The games balls should be exchanged every 1-8 points. Officials will not be involved in this process.
- Volleyballs will be sanitized with the wipes provided, being careful not to over saturate the ball.

### **Interaction Between Coach and Referee**

- If there is need for communication between a coach and the referee, the coach should stand no closer than 6 feet.

### **Conclusion of Match**

- No Handshakes, fist bumps, high fives, hugs or other such exchanges shall take place between opposing teams.
- At the conclusion of the match, team members shall immediately gather their belongings and exit through the south gym doors.

### **Facility Disinfecting**

- The facility will be sanitized before and immediately following each match. No one will be allowed in the facility until the disinfecting protocols are complete.

***All protocols and guidelines are subject to change due to Delaware Public Health or State of Delaware regulations.***

<b>Players May Enter Their Court At</b>	<b>Scheduled Game Time</b>	<b>Players Must Exit Gym By</b>	<b>COVID-19 Disinfecting Time</b>
<b>6:00</b>	<b>6:10 - 7:00</b>	<b>7:05</b>	<b>7:05 - 7:20</b>
<b>6:20</b>	<b>6:30 - 7:20</b>	<b>7:25</b>	<b>7:25 - 7:40</b>
<b>7:15</b>	<b>7:25 - 8:15</b>	<b>8:20</b>	<b>8:20 - 8:35</b>